



TAKE AWAY MENU

BREAKFAST & BRUNCH

(Served all day)

CREAMY HUGO'S PORRIDGE Made with Rodda's Cornish Milk & served with Sisley's Plum Jam	3.50	THE FULL CORNISH STACK Free Range Smoked Streaky Bacon from the local Primrose Herd, Tamblyn's award winning sausage, Scrambled F/R Cornish Egg & Sisley's Cornish Tomato Chutney served in an artisan Da Bara Bakery Roll	5.75
HUGO'S CORNISH GRANOLA (GF) Served with Rhoda's Cornish Milk	2.50	BREAKFAST ROLLS Choose from: Scrambled Free Range Cornish Egg Smoked Free Range Primrose Herd Streaky Bacon, or Tamblyn's award winning Sausage	3.50
ARTISAN PASTRIES from the local Da Bara Bakery Choose from Croissant, Pain au Raisin or Cinnamon Bun	2.00	All served with Sisley's Tomato Chutney	
TOASTED SLICED SOURDOUGH BREAD from the local Da Bara Bakery. Served with Cornish Butter & Sisley's Jam of the Day	1.45		
CORNISH TREGIDA SMOKED SALMON & SCRAMBLED EGG Served on Toasted Da Bara Bakery Sliced Sourdough	5.00		

SANDWICHES

(served on Da Bara White Ciabatta or Rustic Roll with Homemade Coleslaw and Dressed Side Salad)

CRAB Hand-picked Cornish Crab with Mayo, a twist of lemon & a hint of Chilli	5.10	SMOKED SALMON, HARDBOILED EGG & LEMON MAYO Cornish Smoked Salmon, Egg, Mayo, Lemon & Leaves	4.95
DELI PASTRAMI Cornish Pastrami, Nettle Wrapped Cornish Yarg, Sisley's Piccalilli, Tomato & Finely Sliced Red Onion -	4.95	DELI EGG MAYO (V) Cornish Egg, Mayo, Lemon, Finely Sliced Red Onion & Leaves	3.50
THE PICNIC BLT - Great Toasted! Award winning local Primrose Herd Smoked Streaky Bacon, Lettuce, Tomato & Mayo	3.95	GLOBE TROTTERS - A fusion of the finest locally sourced ingredients with delicious global guests!	
SAUSAGE & CHUTNEY Tamblyn's award winning Sausages with Sisley's Onion Chutney & Salad Leaves	3.50	THE GRILLED HALLOUMI GLOBE TROTTER (V) Grilled Cypriot Halloumi served with finely sliced Red Onion, Fresh Tomato, Salad Leaves & Sisley Onion Marmalade	4.95
CORNISH CHEESE & TANGY PICCALILLI MELT (V) Cornish Cheese of the Day & Sisley's Tangy Piccalilli, served Toasted	3.95	PIQUILLO PEPPERS, GOATS CHEESE & GREEN PESTO Sweet Piquillo Peppers, Goats Cheese, Green Pesto & Salad Leaves (V) - Great Toasted!	4.95
THE GOATS CHEESE BLT Award winning local Primrose Herd Streaky Bacon, Cornish Goats Cheese, Lettuce, Tomato and Mayo	4.95		

SEASONAL SALADS & SPECIALS

welcome the start of the summer with a delicious, nutritious salad chock full of local seasonal produce

TEGASSO FARM ASPARAGUS & CRAB SALAD Local Asparagus with our delicious handpicked crab with salad leaves, cucumber, spring onion and a wholegrain mustard, lime and rapeseed oil dressing	6.85	BETROOT SALAD WITH LOCAL GOATS CHEESE & ROASTED WALNUTS Served on Salad Leaves and dressed with Fowey Valley Cider Vinegar, Falmouth Honey and Cornish Rapeseed Oil	5.45
Minted Garden Salad with CORNISH COPPA HAM Courgette, Asparagus and Broad Beans tossed with Mint and Rapeseed oil topped with Cornish Charcuterie Coppa Ham.	5.45	CORNISH CRAB CREAM TEA Award winning Hand Picked Cornish Crab Sandwich with dressed leaves and Coleslaw and a full Cornish Cream Tea.	8.95

CORNISH PASTIES & SAUSAGE ROLLS

(Served with Homemade Coleslaw & side Salad)

ANN'S PASTY (the World famous ones!) Handmade, choose from Traditional Cornish or Cheese (V)	3.95	SAUSAGE ROLL specially made for Picnic with Dale's Helston Pork with Apricot for that added extra.	2.95
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LOCALLY ROASTED 'ORIGIN' COFFEE

AMERICANO	All	CAPPUCCINO	All
ESPRESSO	2.25	FLAT WHITE	2.55
DOUBLE ESPRESSO		LATTE	
MACCHIATO		ICED LATTE	
CORTADO		EXTRA SHOT	1.00
MOCHA	3.95	FLAVOURED LATTES	3.25
		Choose from Vanilla, Hazelnut, Gingerbread, Chai, Caramel or Chilli	

SPECIALITY HOT DRINKS

LUXURY HOT CHOCOLATE Buttons or Cornish Chocolate stirred into hot silky milk & topped with fluffy Marshmallows & a Swirl of Whipped Cream!	3.75	CORNISH FOG Latte style Earl Grey Tea with Vanilla Syrup	3.00
CHILLI HOT CHOCOLATE	4.25	DECADENT SPICE Silky Steamed milk combined with luxurious Chocolate Sauce & warming Chilli and Gingerbread syrups.	3.50
CORNISH AFFOGATO A scoop of Cornish Vanilla Ice Cream topped with hot double-Espresso	3.25	HANSEL & GRETEL Double Espresso combined with smooth steamed milk, Caramel and Gingerbread Syrups & topped with a swirl of whipped cream.	3.95
BABYCCINO & CHOCOLATE BUTTONS Mini foamed steamed milk served with Cornish Chocolate Buttons	1.10		
STEAMERS – Smooth steamed milk combined with your favourite syrup! Choose from Vanilla, Hazelnut, Gingerbread, Chai, Caramel or Chilli	3.00		

SOFT DRINKS

HELDFORD CREEK JUICES
Choose from Apple, Elderflower, Lemonade or Apple and Raspberry.

JUST WATER (still or sparkling)

1.95	Classic Tea	Earl Grey	Chamomile Tisane	2.25
0.95	Afternoon Tea	Green Tea	Manuka Tisane	
			Peppermint Tisane	

TEAS & TISANES

Served loose leaf from the local Tregothnan Estate

ICE CREAM MILKSHAKES

Triple-scoop Luxury Cornish Ice Cream Milkshake – 4.25
Choose from Vanilla, Chocolate, Mint Chocolate Chip, Lemon Meringue, Rum & Raisin or Strawberries & Cream.
ADD CARAMEL SYRUP OR WHIPPED CREAM for 50p

DESSERTS & CAKES

Please check our counter for today's selection.

Our Famous Locally Baked Carrot Cake	3.25
Da Bara Warm Chocolate Brownie	2.50
Cornish Cream Tea (Scone, Jam & Clotted Cream)	2.95
Muffin, choose from Poppyseed & Lemon-curd or Blueberry	2.95
Millionaire Shortbread	2.45
Da Bara Date & Cinnamon Flapjack	2.25
Cherry Shortbread	2.45

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